



Cosmic Alignment Guide: The Turning Point

DECEMBER 30th, 2024 – January 5th, 2025

This Week's Theme: A Cosmic Rebirth Under Alcyone's Light.

This week, we enter a profound energetic turning point, illuminated by the Age of Aquarius and the light of Alcyone in the Pleiades. It's a time to rise beyond outdated paradigms, embrace the extraordinary technology of human DNA, and step boldly into the next cycle of planetary evolution.

Amid the chaos, a divine order unfolds, inviting you to release what no longer serves and co-create a reality rooted in truth, love, and limitless possibility. Each day this week offers a cosmic invitation to trust your inner wisdom, take intentional steps forward, and activate the eternal power that already resides within you.

Let this guide you as you reflect, release, and renew, anchoring clarity and purpose into each moment. The most extraordinary creation in this universe is YOU, and the path forward is lit—step into it with confidence and trust.



Seeking deeper meaning in life?

Are you yearning to understand who you truly are and why you're here? Whether you feel connected to the stars, angelic realms, or ancient civilizations like Atlantis or Lemuria, **this personal Life Purpose Channeling offers profound insights into your soul's origins, purpose, and unique gifts.** If you've lost touch with your path or need clarity and direction, this reading will help you reconnect with your essence and rediscover your true journey. [Click here for more](#)

[information.](#)

Your Guide to the Week of December 30th – January 5th : Aligning with the Energies of Transformation

Monday, December 30 – New Beginnings and Intentions

Today brings a sense of fresh possibilities and clarity about your path forward. The energies invite you to reflect on what you wish to create and take the first steps toward your goals. This is a powerful day to ground yourself in the present and set intentions for the future.

Best for: Setting goals and visualizing your ideal life.

What to do: Spend time journaling or meditating on what you wish to manifest. Write down your intentions for love, health, career, and personal growth. Affirm, "I welcome new beginnings with clarity and confidence."

Tips for love: Share your hopes and dreams with loved ones, strengthening bonds through open communication.

Health and well-being: Begin a new routine or revisit wellness practices that make you feel balanced and strong.

Career and wealth: Focus on long-term plans and strategies. Organize your thoughts and outline actionable steps.

Tuesday, December 31 – Reflection and Release

The energy today supports letting go of the old to make space for the new. It's a day to honor the lessons of the past and release anything that no longer aligns with your highest self.

Best for: Emotional healing and clearing stagnant energy.

What to do: Write down old habits, fears, or patterns you're ready to release, and symbolically let them go through a cleansing ritual, such as burning the paper safely. Affirm, "I release what no longer serves me and open to the possibilities ahead."

Tips for love: Resolve lingering conflicts and offer forgiveness where needed. Make space for renewed connections.

Health and well-being: Focus on gentle detox practices and restful activities that support emotional release.

Career and wealth: Clear out unfinished tasks and projects to prepare for new opportunities.

Wednesday, January 1 – Vision and Clarity

The first day of the year encourages you to dream big and focus on your highest potential. Clarity about your path ahead becomes accessible if you take the time to pause and listen to your inner guidance.

Best for: Creative visualization and strategic planning.

What to do: Create a vision board or write out your aspirations for the coming months. Reflect on what truly matters and align your goals with your soul's desires. Affirm, "I see my path clearly and move forward with purpose."

Tips for love: Envision the qualities you want to embody in your relationships and practice gratitude for the connections you cherish.

Health and well-being: Commit to habits that support your long-term vitality.

Career and wealth: Clarify your professional aspirations and seek innovative solutions to achieve them.

Thursday, January 2 – Action and Momentum

The energy today is vibrant and motivating, encouraging you to take inspired action toward your goals. This is a day to transform plans into reality by starting with small, deliberate steps.

Best for: Taking action and building momentum.

What to do: Begin working on one tangible goal or task that aligns with your intentions. Trust that progress, no matter how small, is meaningful. Affirm, "I take confident steps forward, knowing I am supported."

Tips for love: Nurture your connections by planning meaningful activities together.

Health and well-being: Incorporate physical activity into your day to channel energy positively.

Career and wealth: Initiate new projects or reach out to collaborators to move forward with confidence.

Friday, January 3 – Connection and Collaboration

The energies today encourage collaboration and building stronger connections with those around you. It's a day to focus on relationships, community, and shared goals.

Best for: Networking and fostering meaningful relationships.

What to do: Reach out to friends, colleagues, or loved ones and nurture these connections. Collaboration can lead to unexpected inspiration. Affirm, "I attract relationships that support my highest good."

Tips for love: Plan quality time with loved ones or engage in deep, heartfelt conversations.

Health and well-being: Join group activities that nourish your spirit, such as yoga or wellness workshops.

Career and wealth: Seek support or advice from trusted colleagues to refine your plans.

Saturday, January 4 – Introspection and Realignment

The energies slow down today, inviting you to turn inward and reflect on your progress. Use this time to realign with your intentions and recalibrate your focus.

Best for: Deep reflection and personal growth.

What to do: Spend quiet time journaling or meditating. Consider where you've been, where you're going, and what adjustments might be needed. Affirm, "I realign with my highest path and move forward with clarity."

Tips for love: Reflect on long-term goals in your relationships and ensure alignment with your values.

Health and well-being: Rest and recharge your energy. Avoid overexertion and prioritize self-care.

Career and wealth: Revisit your goals and adjust strategies as needed for alignment with your core values.

Sunday, January 5 – Celebration and Gratitude

Today's energy is light and uplifting, encouraging you to celebrate your progress and practice gratitude for all that you have. It's a day to focus on joy, abundance, and the beauty of the present moment.

Best for: Celebrating achievements and cultivating gratitude.

What to do: Take time to acknowledge your wins, no matter how small. Share your gratitude with others and celebrate the blessings in your life. Affirm, "I am grateful for all that I am and all that I have."

Tips for love: Express appreciation for loved ones through kind gestures or words of affirmation.

Health and well-being: Engage in uplifting activities that bring you joy and enhance your well-being.

Career and wealth: Reflect on recent successes and share your gratitude with collaborators or mentors.



The Peacock Spirit Disc can change your life in ways you never imagined. Helps reveal your hidden skills and talents to achieve your goals of wealth, beauty, prestige and good luck. Handmade to order by Natalya Ankh. [To learn more about this disc please click here.](#)

Cosmic Alignment Ritual:

A Sacred Practice for Anchoring Light and Activating Your Divine Blueprint

Purpose: To align with the energies of the Pleiades, anchor light codes for transformation, and set clear intentions for the coming year. This ritual combines sacred geometry, crystals, oils, and light language for a multidimensional experience.

What You'll Need:

- **Crystals:** Clear Quartz (for clarity and amplification), Labradorite (for cosmic connection and intuition), and Citrine (for manifesting abundance and joy).
- **Essential Oils:** Frankincense (for grounding and connection to the divine), Sandalwood (for aligning with higher frequencies), and Bergamot (for uplifting and opening the heart).
- **Sacred Geometry:** A printed or hand-drawn geometric pattern such as the Flower of Life or Metatron's Cube.
- **Light Language Codes:** Create or intuitively draw light codes (symbols that resonate with your energy) or use those you feel guided to work with.

- **Candle:** A white or gold candle to symbolize cosmic light and your highest self.
- **Journal and Pen:** For writing intentions and reflections.
- **Music or Sound:** Use cosmic sound frequencies (e.g., 432 Hz or Pleiadian light language music) to create a sacred atmosphere.

The Ritual Steps:

1. Prepare Your Space:

- Cleanse the space using sage, palo santo, or your preferred cleansing method.
- Arrange your sacred geometry pattern in the center of your space, placing the crystals at key points (e.g., corners or around the pattern).
- Light your candle and set the intention to connect with the energies of Alcyone, the Pleiades, and your highest self.

2. Ground and Center:

- Sit comfortably and take several deep breaths.
- Place your hands over your heart and say, *“I ground myself in the present moment and open my heart to receive cosmic guidance and blessings.”*

3. Activate the Light Codes:

- Gaze at the sacred geometry and light codes. If you’re using intuitive symbols, allow yourself to draw them as you feel inspired.
- Hold the Clear Quartz in your dominant hand and visualize light flowing through the codes into your heart space, radiating out through your body.

4. Set Your Intentions:

- Take your journal and write down your intentions for the year, focusing on areas such as love, health, spirituality, career, and family.
- After writing each intention, say it aloud, ending with, *“This or something even greater manifests for the highest good of all.”*

5. Connect with the Pleiades and Alcyone:

- Hold the Labradorite crystal and close your eyes. Visualize a beam of light connecting you to Alcyone in the Pleiades, sending you particles of creation.
- Imagine these particles activating your inner light, helping you see your path clearly.

6. Seal with Light Language (Optional):

- Speak or chant light language if you feel guided. This is intuitive and does not need to make logical sense—it’s an energetic expression.
- Alternatively, trace light codes in the air or on the sacred geometry pattern with your hand.

7. Anchor and Gratitude:

- Hold the Citrine crystal and visualize yourself embodying the energy of your intentions. Feel the joy and fulfillment as though they have already manifested.
 - Express gratitude for the guidance and energy you have received.
- 8. Close the Ritual:**
- Blow out the candle and say, *“I carry this light within me and walk forward with clarity, grace, and love.”*
 - Keep the crystals and sacred geometry in a special place where you can see them often, serving as a reminder of your intentions.

Additional Tips:

- Perform this ritual at night to connect more deeply with the cosmic energies.
- If possible, do it under the stars, visualizing the Pleiades in the sky.
- Use the journal throughout the year to revisit your intentions and track your progress.

I love you all and am sending you a tsunami of love, light, abundance, health and joy! ~Anna Merkaba

If you need personal assistance to dive deeper into your spiritual path, consider these powerful healing experiences by Anna Merkaba:

✦ **Cosmic Origins Reading:** Discover your soul's origins, life mission, and spiritual purpose through a channeled session connecting with your guides.

✦ **Distant Merkaba Healing:** Receive a distant healing session where I work with your guides to remove energetic implants, karmic containment units, and other blockages that may be holding you back from reaching your highest potential.

✦ **Primal Emotion Reset:** Connect with your higher self to uncover the root emotion shaping your emotional patterns. Identify 2-3 emotions ready for release, and receive a personalized emotional release guide and a custom guided meditation designed specifically for your healing journey.

Learn More & Book a Session: Visit annamerkabahealing.com for details on these transformational offerings. Allow yourself to rise, release, and step fully into your divine light.

~Anna Merkaba – Distant Energy Healer- Channeler – Lightworker. To book a Healing Session with Anna and for more channeled messages to help you on your journey to self discovery visit : Sacred Ascension – Key of Life – DISCOVER YOUR TRUE SELF THROUGH



DISTANT ENERGY HEALING

IMPLANTS | ENTITIES | KARMA | ENERGY-TEARS | PAST LIFE

DNA | PINEAL | KUNDALINI | THIRD EYE | PRANA | AURA | CHAKRAS

Transform your life with a **Merkaba Distant Energy Healing Session by Anna Merkaba**, designed to address the root causes of energetic blockages, including implants, **Karmic Containment Units (KCU's)**, and dis-ease within the energy body. If you're ready to connect to your cosmic energy, free yourself from karmic loops, and move forward with clarity, this session provides the tools and support needed for profound transformation.

COMPREHENSIVE ENERGY HEALING SESSION & ANALYSIS WITH ANNA MERKABA :This is a **DISTANT** Healing Session. Each session takes 60 – 90 minutes to complete, furthermore much more time is spent on putting together a report which is guided to me by the angels, there are a lot of details involved, this is an elaborate healing session. This is not just an energy attunement you will be bathed in loving light from the angelic realm using reiki like universal energy throughout the session, and a few days following the session, many issues will be corrected, and you will also receive much needed guidance after the session of what you are to do on your own. The energy will continue to be released for the following 2 – 3 months.

Here is what you will be scanned for and if any of these are found or need to be removed/unblocked/

- Removal of Achorns/Grays/Dark Entities (If there are any)
- Removal of Implants
- Cleansing the Aura
- Removing blocks from the chakras
- Activating Chakras
- Activating the Pineal Gland
- Activating the energy flow throughout the body with Kundalini Energy
- Sealing the rips in the energy body
- Connecting the heart chakra to the third eye
- Scanning of the body to determine if there are any major issues to be aware of

- Cleansing the blocks within the organs should there be any, and if it is possible to do so, or if there is more that needs to be done.
- DNA Upgrade
- Rainbow Healing Light Invocation
- Past Life Contracts Clearing/Cords cutting (if I am allowed to proceed by your higher self) This is NOT karma removal. NO ONE can remove your karma, except for you, that is if you have karma. Not everyone does, as people misunderstand what Karma is.
- Past Life Visions – (If necessary to understand why you are going through what you are going through, I will be shown your past lives, this will help you determine the reason as to why you are experiencing that which you are)
- Scanning of your chakras, correction of energy flow and further recommendations directly from your guides as to what you need to do further
- You will also receive further recommendations on what you are to do on your own to SEAL in the new energies flowing your way and to assist your own self further without the constant need to come back for more and more healing sessions. However, should you feel that you do need a healing attunement, or there are some issue that need more work you are welcome to come back for another session.

To learn more about this session and hear what others have to say about it please see:

[**CLICK HERE TO LEARN MORE ABOUT MERKABA HEALING**](#)